

2 DAY FREEDOM

- DURATION:** 2 days / 1 night
- CATERING:** Self catered
- AGE:** 14+. There must be at least 1 adult for each person under 18

> WHAT TO BRING

Camp pass: Provided at check in.

Cooking equipment: If you plan to cook a hot meal ensure you bring a cooker and fuel as fires are only permitted in certain parts of the park, at certain times of the year. Pots, pans, utensils, cutlery, plates and cups will also come in handy.

Camping equipment: During the evening it can become quite cool in the park so please make sure you pack a tent, camping mat and a warm sleeping bag.

Kayaking clothes: You're bound to get wet when kayaking bring some quick drying clothes to paddle in. Shorts, t-shirt (long sleeves are preferable), warm top (wool/fleece), hat, sunglasses and shoes. Don't forget your swimsuit and a towel!

Campsite clothing: Warm campsite clothing is essential for the evenings. Long pants, t-shirt, long-sleeved shirt, warm top (wool/fleece), trainers and socks, sleeping clothing, rainproof jacket.

Personal items: Such as medication, toiletries, camera (with plenty of film or memory space!), personal drinking bottle, first aid kit, sunscreen and insect repellent.

Food: Be sure to bring enough food for your whole journey. We recommend purchasing this before you get to Marahau. Make sure you bring plenty of fresh water with you. Filtered water is available at our base and hut sites, and untreated water is available at the campsites.

1 DAY	2 DAY
	Breakfast
Lunch	Lunch
Dinner	
Snacks	Snacks
Water	Water

Examples:

Day 1: Fresh foods.

Day 2: Root vegetables/grains/cereals/vacuum packed meats.

Snacks: Fresh fruit, muesli bars, nuts and seeds, chocolate bars, crackers etc.

Tip: The kayak will keep fruit and vegetables fresh for a 2 – 3 day period, save the dehydrated food for the last few days of your trip! We advise that leafy greens (eg lettuce) need to be eaten day 1 – 2 and we advise against taking chicken.

We provide: Buoyancy vest, spray skirt, paddle jacket, paddle, safety emergency flares, water-proof map, water pump and a spare paddle. Additional items in the winter: wetsuits, wetsuit booties.

We have a full range of camping equipment for hire (subject to availability).

> SHOWCASES

Spend 2 blissful days on the water exploring the Astrolabe and Anchorage area.

KAYAK: MARAHAU – MARAHAU

Description:

- Start and finish at Marahau.
- Fully explore the Astrolabe region.
- Check out the small islands including Pinnacle Island Seal Colony.
- Get into the caves and lagoons on high tide.
- Take the chance to be on dry land and check out some of the short walks in the area.
- Finish up at our base and enjoy our base facilities including hot showers.

> ITINERARY*

DAY ONE

- 8.30am** Check in and start your kayak rental briefing. The briefing highlights areas of interest in the Abel Tasman National Park, weather forecasts and local conditions, hazards, safety and self rescue.
- 10.00am** On water assessment with guide.
- 10.30am** Continue on your own to explore the Astrolabe.

Spend the night at Observation Beach or Te Pukatea Bay.

DAY TWO

- 4.00pm** Return to Abel Tasman Kayaks' base.

*Please note this is an estimate of timings and based on our summer timetable and an 8.30am check-in.



WALKING TIMES

- Marahau to Anchorage Hut
Time: 3.5hrs Distance: 12.4km
- Anchorage Hut to Bark Bay
HIGH TIDE ROUTE
Time: 4hrs Distance: 11.5km
LOW TIDE ROUTE
Time: 3hrs Distance: 8.4km
- Bark Bay to Onetahuti
Time: 2hrs Distance: 6.4km
- Onetahuti to Awaroa Hut
Time: 2.5hrs Distance: 7.1km
- Awaroa Hut to Totaranui
Time: 2 – 2.5hrs Distance: 7.1km
- Totaranui to Whariwharangi
Time: 3.15hrs Distance: 9.8km



Map Key:

- Sandy Beach
- Rocky Shore/Reef
- Exposed Headland
- Reef Marker
- Offshore Winds
- Huts and Tent sites
- Walking Tracks
- Water Taxi Point
- Drinking Water
- Public Telephone
- Kayak
- Water Taxi
- Walk